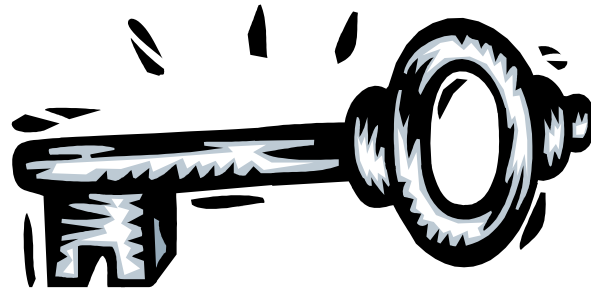




**CRS** Community Resource Services

8550 Balboa Boulevard, Suite 150  
Northridge, CA 91325  
(818) 739-5182  
(818) 739-5522 Fax

# Domestic Violence Directory



The Domestic Violence Directory provides information on how to get help from crisis hotlines, emergency shelters, financial, legal, and mental health organizations. This directory is intended to connect families to the services that they need, since every person has the right to be safe. If you need further assistance, please contact the Resource Coordinator at your site.

The agencies in this document are listed for informational purposes only. No endorsement of the quality of services is intended by the Community Resource Services Department of the Child and Family Guidance Center.

**Supporting  
Children**

**Strengthening  
Families**

**Empowering  
Communities**

**Changing  
Lives**

[www.childguidance.org](http://www.childguidance.org)

## **Are you in Danger Now?**



### **If you need help right now, call “911”**

You may also call:

- **Your local domestic violence shelter:**

**Haven Hills, Inc.  
P.O. Box 260  
Canoga Park, CA 91305**

**(818) 887-7481**

**Family Violence Project  
of Jewish Family Services  
13949 Ventura Boulevard, Suite #320  
Sherman Oaks, CA 91412**

**(818) 505-0900**

- **Los Angeles County Domestic Violence Hotline: (800) 978-3600**

- **National Domestic Violence Hotline: (800) 799-7233  
TDD (800) 787-3224**

## **When the police come, ask for an Emergency Restraining Order**

Domestic violence is a crime. When the police come, explain in detail to the police officer why you are afraid. Any police officer that answers a domestic violence call can obtain an emergency restraining order. The police can order the abusive person to leave the home and stay away from you and your children for up to a week. The emergency restraining order starts immediately and can last a week. If necessary, you can request a long term restraining order. (Please, see page 11 for more details about restraining orders.)

The **Child and Family Guidance Center** is a LA County Department of Mental Health (DMH) contractor that provides Specialized Prevention and Early Intervention (PEI) services to children, transition age youth, and adults utilizing evidence based treatment interventions (EBPs) that are consistent with LAC/DMH Mental Health services Act (MHSA).

The Center also provides families with access to a comprehensive continuum of services depending on the needs of the family ranging from once a week, time limited mental services (PEI) to intensive in-home services that are delivered several times a week with 24-7 availability for crises.

The **Community Resource Services** is a division dedicated to improving the quality of life for special needs children and their families by helping them to locate, access and effectively use essential community health and social services.

**Call for Services**  
**San Fernando Valley    Antelope Valley**  
**818-739-5250        661-265-8627**

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Love is ...

Acceptance. Appreciation. Communication. Compromise. Dignity. Fidelity. Forgiveness. Friendship. Hugs, kisses and holding hands. Honesty. Kindness. Laughter. Listening. Nurturance. Patience. Paying Attention. Quality time together. Saying “I’m sorry”. Self Control. Sharing. Tolerance of Family and Friends. Trust. Yes Means Yes and No Means No.

### **What is Domestic Violence?**

Domestic violence can be defined as a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner. Domestic violence can be physical, sexual, emotional, economic, or psychological actions or threats of actions that influence another person. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound **SOMEONE**.

Domestic violence can happen to anyone regardless of race, age, sexual orientation, religion, or gender.

Domestic violence not only affects those who are abused, but also family members, friends, co-workers, other witnesses, and the community at large.

<p><b><u>Physical Abuse:</u></b> Hitting, slapping, shoving, grabbing, pinching, biting, hair-pulling, etc. Physical abuse also includes denying a partner medical care or forcing alcohol or drug use.</p>	<p><b><u>Economic Abuse:</u></b> Making or attempting to make an individual financially dependent by maintaining total control over financial resources, withholding one's access to money, or forbidding one's attendance at school or employment.</p>
<p><b><u>Sexual Abuse:</u></b> Coercing or attempting to coerce any sexual contact or behavior without consent. Sexual abuse includes, but is not limited to marital rape, attacks on sexual parts of the body, forcing sex after physical violence has occurred, or treating one in a sexually demeaning manner.</p>	<p><b><u>Emotional Abuse:</u></b> Undermining an individual's sense of self-worth or self-esteem. This may include, but is not limited to constant criticism, diminishing one's abilities, name-calling, or damaging one's relationship with his or her children</p>
<p><b><u>Psychological Abuse:</u></b> Causing fear by intimidation; threatening physical harm to self, partner, children, or partner's family or friends; destruction of pets and property; and forcing isolation from family, friends, school or work.</p>	<p><b><u>Children:</u></b> Children who grow up witnessing domestic violence are among those seriously affected by this crime, because it teaches them that violence is a normal way of life – therefore, increasing their risk of becoming society's next generation of <b>victims</b> or <b>abusers</b>.</p>

## **Crisis Hotlines**

### **Valley Trauma Center**

**7116 Sophia Avenue**

**Van Nuys, CA 91406**

**(818) 756-5330**

**(818) 886-0453 (24-hour Hotline)**

**(818) 908-8630 Sexual Assault Team**

**(661) 253-0258 Santa Clarita**

<http://www.csun.edu/vtc>

Sexual assault emergency response team, counseling, and prevention education for the San Fernando and Santa Clarita valleys. Includes 24-hour hotline. Group treatment is available, and individual counseling available.

### **Domestic Violence Project – YWCA of Glendale**

**735 East Lexington Drive**

**Glendale, CA 91206**

**(818) 242-1106 (24-hour Hotline)**

**(818) 242-4155 Drop-In Center**

[www.glendaleywca.org](http://www.glendaleywca.org)

They provide services to empower women and children who are victims of domestic violence.

They provide: **24-Hour Hotline** with crisis intervention, counseling, community referral and information, and access to shelter services. They also have a **45-Day Emergency Shelter**, meals and clothing (Sunrise Village). **Drop-In Center** with case management and a food pantry and clothing distribution.

### **Center for the Pacific Asian Family, Inc.**

**543 North Fairfax Avenue, Suite #108**

**Los Angeles, CA 90036**

**(323) 623-4045**

**(800) 339-3940 (24-hour Crisis Hotline)**

[www.cpaf.info](http://www.cpaf.info)

Center for the Pacific Asian Family (CPAF) is a nonprofit agency specializing in assisting Asian and Pacific Islander women and families who are survivors of domestic violence and sexual assault. CPAF provides a 24-hour help line, emergency shelter, transitional program, advocacy services, and counseling. All services are free.

### **SAHARA (South Asian Helpline and Referral Agency)**

**888-724-2722**

[www.sahara-socal.org](http://www.sahara-socal.org)

24-hour Help line and community agency that provides services in: English, Hindi, Urdu, Punjabi, Farsi, Arabic and other languages. The organization focuses on providing services for survivors of domestic violence, such as transitional housing, individual counseling, education support, and other components that facilitate empowerment and independence.

**L.A. Gay & Lesbian Center**  
**Stop Partner Abuse/Domestic Violence Program**  
**1625 North Schrader Boulevard**  
**Los Angeles, CA 90028**  
**(323) 860-5806**  
[www.laglc.org](http://www.laglc.org)

Services are provided by domestic violence specialists. Services include: survivor's groups, intervention program, youth groups, crisis counseling, prevention groups, referrals to Lesbian, Gay, Bisexual, and Transgender (LGBT) sensitive shelters, legal services, and advocacy.

## **Domestic Violence Awareness and Prevention for Teens**

One in three teens will experience abuse while dating and two-thirds of them will never report it to anyone. Dating violence is not just dangerous; it is devastating to a young person's health and safety.

**Break the Cycle**  
**5777 West Century Boulevard, Suite #1150**  
**Los Angeles, CA 90045**  
**(310) 286-3366 Helpline**  
**(888) 988-TEEN Helpline**  
[www.breakthecycle.org](http://www.breakthecycle.org)  
[www.thesafespace.org](http://www.thesafespace.org)

Break the Cycle is a nonprofit organization whose mission is to end domestic violence by working proactively with youth. They provide services for young people, ages 12 to 22, with preventive education, free legal services, advocacy and support. Staff attorneys provide full legal representation to help obtain: restraining orders, custody, visitation, child support orders, and divorces. Although they are located in L.A., they will come out to the valley to meet with clients.

## **Emergency Shelters**

**Antelope Valley Domestic Violence Council**  
**Valley Oasis Shelter**  
**(661) 945-OPEN (6736) (24-hour Crisis Hotline)**  
**(800) 282-4808**  
[www.avdvc.org](http://www.avdvc.org)

This agency is dedicated to eliminate violence in the home and community. The domestic violence hotline is available 24-hour a day, and is staffed by trained advocates prepared to discuss your individual situation and explain the options available to you. The call is confidential and does not obligate you to participate in any program. This agency also has a 60-day emergency shelter, Valley Oasis Shelter, available to victims of family violence and their children. The hotline staff will evaluate if the shelter is the best option for you, or if you require other referrals and other support.

**Domestic Violence Center of Santa Clarita**

**(661) 259-8175 (8:30 am – 5:00 pm)**

**(661) 259-HELP (24-hour Crisis Hotline)**

**[www.dvcsantaclarita.com](http://www.dvcsantaclarita.com)**

This is a 30-day emergency shelter for battered women and their children 13 years old and younger, services are free. Services provided: outreach programs, 24-hr hotline, women's support groups, training and education on domestic violence, and anger management classes. A 52-week treatment group for perpetrators is also offered on a sliding scale fee.

**Family Violence Project of Jewish Family Service**

**13949 Ventura Boulevard, Suite #320**

**Sherman Oaks, CA 91423**

**(818) 789-1293**

**(818) 505-0900 (24-hour Crisis Hotline)**

This program offers 24-hour crisis assistance and a 30-day shelter for battered women and their children 16-year-old and younger. They also have six month transitional housing. Individual and group counseling are available on an outpatient basis. Services are free. Contact crisis line for referrals. Spanish speaking staff available.

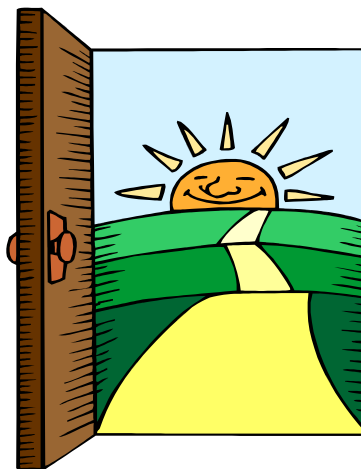
**Haven Hills, Inc.**

**San Fernando Valley**

**(818) 887-6589**

**[www.havenhills.org](http://www.havenhills.org)**

A 30-day shelter and counseling center is provided for domestic violence victims and children. Provides 24-hour emergency shelter, crisis intervention, and counseling. Transitional housing is available for victims. Individual and group counseling are available on an outpatient basis. Spanish speaking staff available.



## Financial Resources

### Department of Public and Social Services (DPSS)

<http://dpss.co.la.ca.us/>

In Los Angeles, the welfare agency is called Department of Public and Social Services (DPSS). At these DPSS offices you can apply for the following programs: CalWorks, Food Stamps, General Relief, and MediCal. The phone numbers listed are the Helpline numbers. All of these programs have specific requirements and limitations. Applicants must call to the nearest office to their location to schedule an appointment with a worker to complete a program application. If you are a **victim of domestic violence** tell the worker right away, because there are specially trained workers available to assist you with the problems you or your children may have. If you need emergency or homeless assistance, DPSS staff must act quickly.

<p><b>East Valley Office</b>  <b>14545 Lanark Street</b>  <b>Panorama City, CA 91402</b>  <b>(818) 901-4198</b></p> <p>You can apply for CalWorks, Food Stamps, and MediCal.</p>	<p><b>San Fernando Office</b>  <b>9188 Glenoaks Boulevard</b>  <b>Sun Valley, CA 91342</b>  <b>(818) 837-2101</b></p> <p>You can apply for General Relief, and Food Stamps.</p>	<p><b>West Valley Office</b>  <b>21415 Plummer Street</b>  <b>Chatsworth, CA 91311</b>  <b>(818) 718-5227</b></p> <p>You can apply for CalWorks, Food Stamps, and MediCal.</p>
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### Homeless Services

If your family is homeless or has received and eviction notice, the DPSS office can give you money. Usually you can get this homeless assistance aid only once in a lifetime, except if the cause is domestic violence by spouse, partner, or roommate.

<p><b>Money to Get and Keep Permanent Housing:</b>          You can get money to cover the actual cost of security deposits, “last month’s rent” deposit, gas, electricity, and water deposits.</p>	<p><b>Emergency Assistance to Prevent Eviction:</b>          If you are at risk of losing your home because you didn’t pay the rent due to a financial hardship, DPSS can give you money to pay back rent or utilities up to two months behind so that you can continue living there.</p>
<p><b>Temporary Shelter:</b>          You can get money up to 16 days to stay in a hotel or shelter if they charge rent.</p>	<p><b>Moving Assistance Program:</b>          You can get money to help you secure a permanent place to live.</p>

### Victims of Crime Resource Center (VOC)

[www.1800VICTIMS.org](http://www.1800VICTIMS.org)

Domestic violence is a crime. Under California law, if you have been a victim of a crime you may receive financial assistance for losses resulting from that crime. The Program may cover the following losses: medical/dental, mental health counseling, wage/income loss, financial support, funeral/burial, and job retraining. In order to qualify, the crime must be reported to law enforcement. Please call one of the following offices in the San Fernando Valley for assistance with the application process and advocacy services:

<ul style="list-style-type: none"> <li>▪ <b>Van Nuys Branch Office</b>  <b>6230 Sylmar Avenue, Suite #201</b>  <b>Van Nuys, CA 91406</b>  <b>(818) 374-3075</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ <b>San Fernando Branch Office</b>  <b>900 3<sup>rd</sup> Street, Room 3rd Floor</b>  <b>San Fernando, CA 91340</b>  <b>(818) 898-2406</b></li> </ul>
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## Health Care Services

### **Olive View-UCLA Medical Center – Hospital -**

**14445 Olive View Drive**

**Sylmar, CA 91342**

**(818) 364-1555**

**(818) 364-4206 Fax**

[www.uclasfvp.org](http://www.uclasfvp.org)

Provides comprehensive range of services, including: inpatient, outpatient, 24-hour emergency medical, surgical, pediatrics and psychiatric services. Accepts Medi-Cal, Medicare, and fees are based on ability to pay. Serves San Fernando and Santa Clarita Valleys.

### **Olive View-UCLA Medical Center – Clinic -**

**Room 2B101**

This is a medical walk-in clinic open to the public from Monday – Friday from 8:00am - 9:00pm, and Saturday from 8:00am - 4:30pm. It is available to urgent care patients or others seeking medical care. They have programs that can provide coverage for uninsured adults and children. You can show up as early as 6:00am in order to register, please be advised that the wait times may be long. Patients will be seen by a doctor and can be provided necessary tests as well as medications if needed. If someone requires follow-up visits they will be assigned a primary care physician and will be able to continue receiving care.

### **Planned Parenthood**

**(800) 576-5544**

[www.plannedparenthood.org/los-angeles/](http://www.plannedparenthood.org/los-angeles/)

The agency provides health care and sexual health services to women, men and teens (without parent consent) in Los Angeles County. They provide information, counseling, basic birth control supplies, pregnancy testing, confidential testing for AIDS/HIV and other sexually transmitted diseases. All services are strictly confidential and their locations have bilingual staff available (English/Spanish). To make an appointment at the closest center to your home, please call (800) 576-5544.

Services are provided in different locations:

<b>Burbank</b> 916 W Burbank Boulevard, Suite #M Burbank, CA 91502	<b>Canoga Park</b> 21001 Sherman Way, Suite #9 Canoga Park, CA 91303	<b>Van Nuys</b> 7100 Van Nuys Boulevard, Suite #108 Van Nuys, CA 91405
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### **Valley Community Clinic**

**6801 Coldwater Canyon Avenue**

**North Hollywood, CA 91605**

**(818) 763-8836 Appointments**

**(818) 755-8006 Fax**

[www.valleycommunityclinic.org](http://www.valleycommunityclinic.org)

Primary healthcare including optometry and dental services provided for adolescents and adults. Free HIV/AIDS testing and counseling provided. Spanish-speaking staff is available. Medi-Cal accepted.

**Valley Teen Clinic** *(is a part of Valley Community Clinic)*

**6801 Coldwater Canyon Avenue**

**North Hollywood, CA 91605**

**(888) 763-4070**

<http://www.teen411.com>

**E-Mail: [mail@teen411.com](mailto:mail@teen411.com) or [questions@teen411.com](mailto:questions@teen411.com)**

They provide health services for teens 12-19, male or female, of any age with information, counseling, basic birth control supplies, pregnancy testing, confidential testing for AIDS/HIV and other sexually transmitted diseases. Services are provided on a walk-in basis, and no appointment is needed to obtain condoms, spermicidal foam and vaginal contraceptive film without charge, at any time during regular clinic hours.

## **L.A.U.S.D. Services**

### **Homeless Education Program**

**1430 South San Julian Street, Building #7**

**Los Angeles, CA 90015**

**(213) 765-2880 Main Number**

[www.lausd.net](http://www.lausd.net)

**Contact: Homeless Education Counselor/Advocate Local Districts 1 and 2**

**(818) 654-1613 Direct Number**

Serving homeless children 0-22 years and their families. The Counselor/Advocates work in collaboration with school personnel and community service agencies to maximize access to various educational, social, and enrichment programs. They can provide the following assistance: school enrollment and placement including meal programs and tutoring, transportation, backpacks, school supplies, and clothing vouchers. They also provide advocacy services during school related educational meetings, and provide referrals to mental health and other social services.

Victims of Domestic Violence are not required to give the address of the safe house where they reside when enrolling their children in school. The address and phone number of the Domestic Violence Program must be given to the school for safety reasons.

### **School-based Clinics and Family Resource Centers**

[www.lausd.net](http://www.lausd.net)

District 1 schools have three School Based Clinics and Family Resource Centers. These Clinics provide: individual and family counseling; domestic violence prevention information; substance abuse information; parent in control classes; parent support groups; Healthy Families/Medical enrollment; food, shelter and clothing assistance. All services are confidential and in English and Spanish.

<b>Columbus Middle School</b> 22250 Elkwood Street Canoga Park, CA 91304 (818) 702-1270	<b>Lawrence Middle School</b> 10100 Variel Avenue Chatsworth, CA 91311 (818) 271-2547	<b>Kennedy High School</b> 11254 Gothic Avenue Granada Hills, CA 91344 (818) 678-7964 / 7965
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## Legal Services

### I. Family Law and Restraining Order Referrals

**What is a restraining order and how much does it cost?**

A restraining order is a court order that protects you from physical, emotional, or financial abuse. It can also protect you from being stalked or harassed. In many cases, there are no court fees to get a restraining order.

**The Domestic Violence Prosecution Unit**  
**210 West Temple Street, Suite 18000**  
**Los Angeles, CA 90012**  
**(213) 485-2352**

The Los Angeles City Attorney created a special section in the office to recognize the seriousness of this crime. In addition to prosecutors, Victim Advocates are available to explain court proceedings, inform you of the progress of the case, help you contact domestic violence centers for a safe place to stay, or to find someone to talk to about your situation. Victims Advocates are available at branches of the City Attorney's Office:

<b>Chatsworth Office (818) 709-7304</b>	<b>Van Nuys Office (818) 756-8469</b>
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**San Fernando Neighborhood Legal Services**  
**13327 Van Nuys Boulevard**  
**Pacoima, CA 91331**  
**(800) 433-6251**  
**(818) 896-5211**  
[www.nls-la.org](http://www.nls-la.org)

They provide free legal services and assistance to low income people in the following areas: Domestic Violence Advocacy, Immigration (V.A.W.A., U-Visa), Denial of Government Funding, Consumer problems, Disaster related problems regarding FEMA, Landlord/tenant problems, Custody issues and Divorce. They also have Domestic Violence Clinics that offer free assistance in filing restraining orders and filing out other court documents at the following locations:

<p><b>San Fernando Courthouse</b> <b>900 Third Street, Room #1026</b> <b>San Fernando, CA 91340</b> <a href="http://www.lasuperiorcourt.org">www.lasuperiorcourt.org</a> Service Hours: Monday-Friday 9:00am-1:00pm</p>	<p><b>Van Nuys Courthouse</b> <b>6230 Sylmar Avenue, Room #212D</b> <b>Van Nuys, CA 91401</b> <a href="http://www.lasuperiorcourt.org">www.lasuperiorcourt.org</a> Service Hours: Monday-Friday 9:00am-1:00pm</p>
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<p><b>Burbank Courthouse</b> 300 East Olive, Room #113 Burbank, CA 91502 <a href="http://www.lasuperiorcourt.org">www.lasuperiorcourt.org</a> Service Hours: Monday-Friday 9:00am-1:00pm</p>	<p><b>Antelope Valley Courthouse</b> 4<sup>th</sup> and Main Street, 3<sup>rd</sup> Floor, Room 3920 Lancaster, CA 93534 <a href="http://www.lasuperiorcourt.org">www.lasuperiorcourt.org</a> Service Hours: Monday, Wednesday, and Friday 9:00am-1:00pm</p>
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**Hurriet Buhai Center for Family Law**  
3250 Wilshire Boulevard, Suite #710  
Los Angeles, CA 90010  
(213) 388-7515

[www.hbcfl.org](http://www.hbcfl.org)

This is a non-profit corporation that provides Family Law and domestic violence assistance to low-income individuals in Los Angeles. The focus is on legal problems involving custody, visitation and support of children, domestic violence, and paternity.

They also have a Domestic Violence Project, which provides intensive, ongoing legal assistance to victims of domestic abuse who are living at short and long term shelters. Please call to schedule an appointment. There is a one-time fee of \$20.00.

**Levitt and Quinn Family Law Center**  
1557 Beverly Boulevard  
Los Angeles, CA 90026  
(213) 482-1800

[www.levitt-quinn.org](http://www.levitt-quinn.org)

This is a non-profit organization that provides Family Law services to low-income individuals. They provide services related to adoption, child support, custody and visitation, domestic violence, grandparents visitation, guardianship, marital dissolution, paternity and spousal support. All clients are charged a fee based on a sliding scale. L&Q gives priority to cases involving children. If there is a legal emergency, please call and ask to speak to a legal assistant.

**Legal Action Workshop (L.A.W.)**  
(800) HELP-444 / (800) 435-7444

[www.LAWorkshop.com](http://www.LAWorkshop.com)

L.A.W. provides legal services at an affordable cost. Licensed attorneys assist you with your case from beginning to end. Their services include: divorce, child support, paternity, Restraining orders, adoption, name change, guardianships, bankruptcy, personal injury, tenant defense, and criminal. They have two locations:

<p><b>Encino Office</b> 15840 Ventura Boulevard, Suite #304 Encino, CA 91436 (818) 995-4224</p>	<p><b>Glendale Office</b> 417A North Glendale Avenue Glendale, CA 91206 (818) 246-0073</p>
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## II. Immigration Referrals

What is V.A.W.A.?	What is the “U” Visa?
<p>Under the Violence Against Women Act (V.A.W.A.) passed by Congress in 1994, and amended in 1996, 2000, and 2005, the spouses and children of United States citizens or lawful permanent residents may self-petition to obtain lawful permanent residency. V.A.W.A. allows certain battered immigrants to file for immigration relief without the abuser's assistance or knowledge, in order to seek safety and independence from the abuser.</p>	<p>Congress created the “U” non-immigrant classification as part of the Battered Immigrant Women Protection Act of 2000. “U” visas are available to people who have suffered substantial physical or mental abuse as a result of being the victims of certain violent crimes (sexual abuse or assault, unlawful criminal restraint, including trafficking and domestic violence) that have <b>occurred in the United States</b>. To be eligible for a “U” Visa, the victim must possess information concerning to the crime and has helped or will help in the investigation or prosecution of the crime.</p>

The following legal agencies provide free or low cost assistance with: V.A.W.A., “U” Visa, citizenship, permanent residency, renewal of work permit, immigrating family members, political asylum, and adjustment of status. They provide their services in English, Spanish, and other languages. Please call to schedule an appointment.

<p><b>San Fernando Neighborhood Legal Services</b>  <b>13327 Van Nuys Boulevard</b>  <b>Pacoima, CA 91331</b>  <b>(800) 433-6251</b>  <b>(818) 896-5211</b>  <a href="http://www.nls-la.org">www.nls-la.org</a>                      Service Hours: Monday – Friday from 8:30am-5:30pm</p>	<p><b>Los Angeles Center for Law and Justice</b>  <b>1241 South Soto Street, Suite #102</b>  <b>Los Angeles, CA 90023</b>  <b>(323) 980-3500</b>  <a href="http://www.lackj.org">www.lackj.org</a>                      Service Hours: Monday – Friday from 8:30am-5:30pm</p>
<p><b>Public Counsel</b>  <b>610 South Ardmore Avenue</b>  <b>Los Angeles, CA 90005</b>  <b>(213) 385-2977</b>  <a href="http://www.publiccounsel.org">www.publiccounsel.org</a>                      Services Hours: Monday – Friday from 9:00 a.m. - 12:30 p.m. and 1:30 p.m. - 5:15 p.m.</p>	<p><b>Immigration Center for Women and Children</b>  <b>634 South Spring Street, Suite #614</b>  <b>Los Angeles, CA 90014</b>  <b>(213) 614-1165</b>  <a href="http://www.icwclaw.org">www.icwclaw.org</a>                      Services Hours: Monday – Friday from 9:00am-5:00pm</p>
<p><b>Central American Resource Center (CARECEN)</b>  <b>2845 West 7<sup>th</sup> Street</b>  <b>Los Angeles, CA 90005</b>  <b>(213) 385-7800</b></p>	<p><b>El Rescate</b>  <b>1501 West 8<sup>th</sup> Street, Suite #100</b>  <b>Los Angeles, CA 90017</b>  <b>(213) 387-3284</b></p>

<p><b><u><a href="http://www.carecen-la.org">www.carecen-la.org</a></u></b>                  Service Hours: Monday – Friday from 9:00am-1:00pm and 2:00-4:00pm, and Saturday from 9:00am-12:00pm</p>	<p><b><u><a href="http://www.elrescate.org">www.elrescate.org</a></u></b>                  Service Hours: Monday – Friday from 9:00am-5:00pm, and Saturday from 10:00am-2:00pm</p>
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## Mental Health Services

The following is a list of private non-profit agencies that provide mental health services for children and adults. Most accept Victims of Crime funding, provide free services or on a sliding scale fee.

<p><b>Child and Family Guidance Center</b>                  9650 Zelzah Avenue                  Northridge, CA 91325                  (818) 993-9311  <a href="http://www.childguidance.org">www.childguidance.org</a>                  CalWorks Program.</p>	<p><b>Family Stress Center</b>                  16861 Parthenia Street                  North Hills, CA 91325                  (818) 830-0200                  Medi-Cal and VOC accepted.                  Individual and group therapy for children with history of abuse and/or trauma.</p>
<p><b>Associated Psychological Services</b>                  18905 Sherman Way, Suite # 200                  Reseda, CA 91335                  (818) 780-5868                  Medi-Cal accepted.                  Psychiatric Services.</p>	<p><b>The Center For Individual And Family Counseling</b>                  5445 Laurel Canyon Boulevard                  North Hollywood, CA 91607                  (818) 761-2227  <a href="http://www.cifc1.org">www.cifc1.org</a></p>
<p><b>Counseling West</b>                  (818) 990-9898  <a href="http://www.counselingwest.com">www.counselingwest.com</a>                  Two locations:                  20700 Ventura Boulevard, Suite #200                  Woodland Hills, CA 91364                   4419 Van Nuys Boulevard, Suite #300                  Sherman Oaks, CA 91403</p>	<p><b>Prevention of Family Violence</b>  <a href="http://www.preventionoffamilyviolence.com">www.preventionoffamilyviolence.com</a>                  Two locations:                  13655 Victory Boulevard, Suite #201                  Van Nuys, CA 91405                  (818) 786-2079                   20944 Sherman Way, Suite #209                  Canoga Park, CA 91405                  (818) 883-2132</p>
<p><b>Five Star Counseling Services</b>                  6205 Laurel Canyon Boulevard                  North Hollywood, CA 91606                  (818) 763-6615</p>	<p><b>The Valley Prevention and Treatment Center</b>                  1056 North Maclay                  San Fernando, CA 91340                  (818) 365-7774                  Private insurance accepted.                  Assistance with application for VOC.</p>

<p><b>Valley Family Center</b>  <b>302 South Brand Boulevard</b>  <b>San Fernando, CA 91340</b>  <b>(818) 365-8588</b>  <a href="http://www.valleyfamilycenter.com">www.valleyfamilycenter.com</a></p>	<p><b>Domestic Abuse Center</b>  <b>8817 Reseda Boulevard, Suite C &amp; D</b>  <b>Northridge, CA 91324</b>  <b>(818) 772-0176</b>  <a href="http://www.domesticabusecenter.org">www.domesticabusecenter.org</a>                  CalWorks Program and VOC accepted.                  Provides also Advocacy.</p>
<p><b>San Fernando Valley</b>  <b>Community Mental Health Center, Inc.</b>  <b>6842 Van Nuys Boulevard, 6<sup>th</sup> Floor</b>  <b>Van Nuys, CA 91405</b>  <b>(818) 901-4830</b>                  CalWorks Program</p>	<p><b>YWCA of Glendale</b>  <b>Domestic Violence Service Center</b>  <b>735 East Lexington Drive</b>  <b>Glendale, CA 91206</b>  <b>(818) 242-4155</b>  <a href="http://www.glendaleywca.org">www.glendaleywca.org</a>                  Support Groups.                  Parenting Classes.                  Case Management</p>

## Police Departments Information

**Police Departments**  
[www.lapdonline.org](http://www.lapdonline.org)

<p><b>Devonshire Division</b>  <b>10250 Etiwanda Avenue</b>  <b>Northridge, CA 91325</b>  <b>(818) 832-0633</b>  <b>Juvenile Detectives (818) 832-0609</b>  <b>Youth Services Officer (818) 756-8270</b>                  Serves: Canoga Park, Chatsworth, Granada Hills, Northridge, Porter Ranch, West Hills, and Winnetka.</p>	<p><b>Foothill Area Community Police Station</b>  <b>12760 Osborne Street</b>  <b>Pacoima, CA 91331</b>  <b>(818) 756-8861</b>  <b>Juvenile Detectives (818) 834-3115</b>  <b>Youth Services Officer (818) 756-7793</b>                  Serves: Arleta, La Tuna Canyon, Lake View Terrace, Pacoima, Shadow Hills, Sun Valley, Sunland, and Tujunga.</p>
<p><b>Mission Community Police Station</b>  <b>11121 Sepulveda Boulevard</b>  <b>Mission Hills, CA 91345</b>  <b>(818) 838-9800</b>  <b>Juvenile Detectives (818) 838-9810</b>  <b>Youth Services Officer (818) 838-9860</b>                  Serves: Granada Hills, Knollwood, Mission Hills, North Hills, Panorama City, and Sylmar.</p>	<p><b>North Hollywood Police Station</b>  <b>11640 Burbank Boulevard</b>  <b>North Hollywood, CA 91601</b>  <b>(818) 623-4016</b>  <b>Juvenile Detectives (818) 623-4045</b>  <b>Youth Services Officer (818) 623-4001</b>                  Serves: Cahuenga Pass, North Hollywood, Studio City, Sun Valley, Toluca Lake, Toluca Woods, University City, Valley Glen, Valley Village, and West Toluca.</p>
<p><b>Van Nuys Police Station</b>  <b>6240 Sylmar Avenue</b>  <b>Van Nuys, CA 91401</b>  <b>(818) 374- 9500</b>  <b>Juvenile Detectives (818) 374- 0040</b>  <b>Youth Services Officer (818) 374-9404</b>                  Serves: Blythe Street, Lake Balboa, Sepulveda, Sherman Oaks, Valley Glen, Van Nuys, and Ventura Business District.</p>	<p><b>West Valley Police Station</b>  <b>19020 Vanowen Street</b>  <b>Reseda, CA 91335</b>  <b>(818) 374-7611</b>  <b>Juvenile Detectives (818) 374-7730</b>  <b>Youth Services Officer (818) 374-7690</b>                  Serves: Canoga Park, Encino, Mandeville Canyon, Northridge, Reseda, Tarzana, Warner Center, West Hills, and Woodland Hills.</p>

**How to Get Help ...**

If you or someone you love is experiencing domestic violence, don't stay silent. Get help and take action. Talk to a trusted friend or call your community's domestic violence hotline. If you need **immediate emergency help call 911**. Get support from family and friends you trust. Make a safety plan that includes: how you can leave the situation safely, what you need to take with you, and where you can stay.

