CALLING A FACILITY

What Should I Know Before I Call?

When you call, facility staff will ask questions about yourself. You can ask questions too. It's important to make sure the services and facility are a good fit for you.

This Is A Confidential Call. Answering the questions honestly is important, and you won't be reported to law enforcement for talking about using illegal drugs. If A Facility Can't See You Within 48 Hours, Try Another One. A sign of quality care is being able to be seen quickly. Many programs offer walk-in care, or interim care if only a waitlist is available.

Questions You May Be Asked

- 1. If you're calling for yourself or someone else.
- 2. Which drugs or alcohol have you been using, for how long, and how much.
- **3.** Current health conditions and medications, including pain medications you're currently taking.
- **4.** What financial resources are you working with (insurance, money from a loved one, etc.?)

Questions You May Want To Ask The Facility

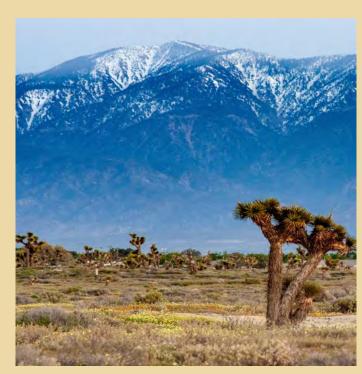
- 1. When can I get an appointment?
- 2. How much will treatment cost? Do you accept my insurance?
- 3. What do I need to bring? What should I not bring?
- **4.** How do I get to the facility? Is there public transportation? Can you pick me up?
- **5.** Consider asking questions that are important for you and your situation:
- •Is the facility smoke-free or is smoking allowed?
- •Are there childcare options available?
- •What types of medications am I allowed to take while in treatment?
- •What kind of family contact is allowed, and when?

Pueblo y Salud Inc. does not provide direct services, other than information & referral. PyS focuses on environmental prevention, a concept or model for dealing with (ATOD) Alcohol, Tobacco and Other Drug-related problems focused of impacting communities, not individuals. Pueblo Y Salud Inc. 39130 3rd Street East Palmdale, CA 93550 661-208-4450 www.pys.org This material was funded in part by Los Angeles County Department of Public Health, Substance Abuse Prevention and Control Art: Visitcalifornia.com & Pinterest Sources: SAMHSA.gov



Bringing Substance Use Disorder Prevention and Awareness of Alcohol, Cannabis, Opioids, and Other Drugs to Palmdale & Lancaster Communities Since 2000.

Resource Guide for Substance Use Disorders



Source: findtreatment.gov

YOUR FUTURE BEGINS TODAY

Millions of Americans have a substance use disorder. Help is available.

Alcoholics Anonymous

Palmdale 661-274-2965 Lancaster 661-945-5757 Call 24 hours a day 7 days a week

California Smokers Helpline

1-800-NO-BUTTS. ESPAÑOL 1-800 456-6386 VAPE 1-844-866-8273 Patches, counseling, & education available for those who want to guit smoking.

Narcotics Anonymous

661-266-2200 Call 24 hours a day 7 days a week

National 24 hour Suicide Prevention

Suicide Lifeline

1-800-273-talk 1-800-273-8255

The Trevor Project A national crisis intervention & suicide prevention line for (LGBTQ+) youth 25 and under.

1-866-4-u-trevor 1-866-488-7386

PyS has called each provider to ensure that the information contained within this brochure is accurate and upto-date. Questions about available services may be directed to the individual service providers . PyS highy recommends doing research before choosing a provider.

Find more resources on this website:

FINDTREATMENT.SAMHSA.GOV or call: 1 800-662-Help (4357) Or the LA County Substance Abuse Service Helpline 1844-804-7500

Lancaster

Penny Lane Antelope Valley Family Center

Outpatient with co-occurring mental illness 43520 Division Street, Lancaster, CA 93535 Main Tel: 661-266-4783 Intake Tel: 661-266-4783 x 2262

Tarzana Treatment Centers Inc. **Adult Residential**

Outpatient & Inpatient 44459 North 10th Street West, Building B Lancaster, CA 93534 Main Tel: 661-726-2630 Intake Tel: 818-996-1051

Tarzana Treatment Centers Inc. Youth Residential

Inpatient, Long-term 44447 North 10th Street West, Building C Lancaster, CA 93534 Main Tel: 661-726-2630 Intake Tel: 818-996-1051

Western Pacific Med Corp Lancaster

Outpatient 45335 North Sierra Highway, Lancaster, CA 93534 Main Tel: 661-949-8599

High Road Program

Outpatient 44823 Date Avenue, Lancaster, CA 93534 Main Tel: 661-942-2241

Design for Change Recovery Services

Outpatient with co-occurring mental illness. 1066 East Avenue J. Lancaster, CA 93535 Main Tel: 661-942-1026

Ouest 2 Recovery

Adult inpatient with co-occurring mental illness 3239 West Avenue K1, Lancaster, CA 93536 Main Tel: 1-888-418-4154

Change Lanes Youth Support Services

Outpatient with co-occurring mental illness. 43845 10th Street West Suite 1D, Lancaster, CA 93534 Main Tel: 661-948-2555

Lancaster (cont.)

Quest 2 Recovery

Adult inpatient with co-occurring mental illness 3239 West Avenue K1. Lancaster. CA 93536 Main Tel: 1-888-418-4154

Bartz-Altadonna Community Health Center

Outpatient & counseling 43322 Gingham Ave. Lancaster, CA 93535 Main Tel: 661-874-4050

LACO Department of Public Health AVRCS High Desert Recovery Services

Adult Outpatient 44900 North 60th St. W. CHP Trailer. Lancaster, CA 93536 Main Tel: 1-661-940-3549

Palmdale

Cycles of Change Recovery Services

Outpatient & Inpatient 39860 West 27th Street, Palmdale, CA 93551 Main Tel: 661-800-4828

Tarzana Treatment Centers Inc.

Outpatient & Inpatient 320 East Palmdale Blvd, Palmdale, CA 93550 Main Tel: 818-996-1051

American Health Services LLC

Outpatient (opioid & heroin treatment only) 2720 E. Palmdale Blvd. Suite 129-131 Palmdale. CA 93550 Main Tel: 661-947-3333

Child and Family Center

Outpatient 38345 30th Street East, Suite C-2 Palmdale, CA 93550 Main Tel: 661-259-9439

SAVE A LIFE. GET TRAINED ON ADMINISTERING NALAXONE