

CALLING A FACILITY

What Should I Know Before I Call?

When you call, facility staff will ask questions about yourself. You can ask questions too. It's important to make sure the services and facility are a good fit for you.

This Is A Confidential Call. Answering the questions honestly is important, and you won't be reported to law enforcement for talking about using illegal drugs. **If A Facility Can't See You Within 48 Hours, Try Another One.** A sign of quality care is being able to be seen quickly. Many programs offer walk-in care, or interim care if only a waitlist is available.

Questions You May Be Asked

1. If you're calling for yourself or someone else.
2. Which drugs or alcohol have you been using, for how long, and how much.
3. Current health conditions and medications, including pain medications you're currently taking.
4. What financial resources are you working with (insurance, money from a loved one, etc.?)

Questions You May Want To Ask The Facility

1. When can I get an appointment?
2. How much will treatment cost? Do you accept my insurance?
3. What do I need to bring? What should I not bring?
4. How do I get to the facility? Is there public transportation? Can you pick me up?
5. Consider asking questions that are important for you and your situation:
 - Is the facility smoke-free or is smoking allowed?
 - Are there childcare options available?
 - What types of medications am I allowed to take while in treatment?
 - What kind of family contact is allowed, and when?

Source: findtreatment.gov

Pueblo y Salud Inc. does not provide direct services, other than information & referral. PyS focuses on environmental prevention, a concept or model for dealing with (ATOD) Alcohol, Tobacco and Other Drug-related problems focused on impacting communities, not individuals.

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www.pys.org

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Sources: SAMHSA.gov Art: Visitcalifornia.com & Pinterest



Pueblo y Salud, Inc.
Your Local Environmental Social Justice Agency

Bringing Substance Use Disorder Prevention and Awareness of Alcohol, Cannabis, Opioids, and Other Drugs to Palmdale & Lancaster Communities Since 2000.

Resource Guide for Substance Use Disorders



YOUR FUTURE BEGINS TODAY

Millions of Americans have a substance use disorder.
Help is available.

Alcoholics Anonymous

Palmdale 661-274-2965

Lancaster 661-945-5757

Call 24 hours a day 7 days a week

California Smokers Helpline

1-800-NO-BUTTS.

ESPAÑOL 1-800 456-6386

VAPE 1- 844-866-8273

Patches, counseling, & education available
for those who want to quit smoking.

Narcotics Anonymous

661-266-2200

Call 24 hours a day 7 days a week

National 24 hour Suicide Prevention

Suicide Lifeline

1-800-273-talk 1-800-273-8255

The Trevor Project A national crisis intervention &
suicide prevention line for (LGBTQ+) youth 25 and
under.

1-866-4-u-trevor 1-866-488-7386

PyS has called each provider to ensure that the information contained within this brochure is accurate and up-to-date. Questions about available services may be directed to the individual service providers. PyS highly recommends doing research before choosing a provider.

Find more resources on this website:

FINDTREATMENT.SAMHSA.GOV

or call: [1-800-662-Help\(4357\)](tel:1-800-662-Help(4357))

Or the LA County Substance Abuse Service Helpline

[1-844-804-7500](tel:1-844-804-7500)

Lancaster

Penny Lane Antelope Valley Family Center

Outpatient with co-occurring mental illness

43520 Division Street, Lancaster, CA 93535

Main Tel: 661-266-4783

Intake Tel: 661-266-4783 x 2262

Tarzana Treatment Centers Inc.

Adult Residential

Outpatient & Inpatient

44459 North 10th Street West, Building B

Lancaster, CA 93534

Main Tel: 661-726-2630

Intake Tel: 818-996-1051

Tarzana Treatment Centers Inc.

Youth Residential

Inpatient, Long-term

44447 North 10th Street West, Building C

Lancaster, CA 93534

Main Tel: 661-726-2630

Intake Tel: 818-996-1051

Western Pacific Med Corp Lancaster

Outpatient

45335 North Sierra Highway, Lancaster, CA 93534

Main Tel: 661-949-8599

High Road Program

Outpatient

44823 Date Avenue, Lancaster, CA 93534

Main Tel: 661-942-2241

Design for Change Recovery Services

Outpatient with co-occurring mental illness.

1066 East Avenue J, Lancaster, CA 93535

Main Tel: 661-942-1026

Quest 2 Recovery

Adult inpatient with co-occurring mental illness

3239 West Avenue K1, Lancaster, CA 93536

Main Tel: 1-888-418-4154

Change Lanes Youth Support Services

Outpatient with co-occurring mental illness.

43845 10th Street West Suite 1D, Lancaster, CA 93534

Main Tel: 661-948-2555

Lancaster (cont.)

Quest 2 Recovery

Adult inpatient with co-occurring mental illness

3239 West Avenue K1, Lancaster, CA 93536

Main Tel: 1-888-418-4154

Bartz-Altadonna Community Health Center

Outpatient & counseling

43322 Gingham Ave. Lancaster, CA 93535

Main Tel: 661-874-4050

LACO Department of Public Health AVRCS

High Desert Recovery Services

Adult Outpatient

44900 North 60th St. W. CHP Trailer.

Lancaster, CA 93536

Main Tel: 1-661-940-3549

Palmdale

Cycles of Change Recovery Services

Outpatient & Inpatient

39860 West 27th Street, Palmdale, CA 93551

Main Tel: 661-800-4828

Tarzana Treatment Centers Inc.

Outpatient & Inpatient

320 East Palmdale Blvd, Palmdale, CA 93550

Main Tel: 818-996-1051

American Health Services LLC

Outpatient (opioid & heroin treatment only)

2720 E. Palmdale Blvd. Suite 129-131

Palmdale, CA 93550

Main Tel: 661-947-3333

Child and Family Center

Outpatient

38345 30th Street East, Suite C-2 Palmdale, CA 93550

Main Tel: 661-259-9439

SAVE A LIFE. GET TRAINED ON ADMINISTERING NALAXONE