**WHAT IS HOME VISITING?**

Home visiting is voluntary, in-home family support offered by trained professionals, including parent coaching and access to resources.

**DEMONSTRATED NEED IN L.A. COUNTY**

- The number of LA County children reported to Child Protective Services before age 5 could almost fill Dodger Stadium to capacity.
- 2.1% of women in LA County experience physical or sexual violence during pregnancy; 12.6% experience emotional or verbal abuse.
- In 2013, 7% of infants in LA County, or 9,058 births, were born at low birth weight; the highest percent occurred among African American / black mothers and American Indian / Alaska Native mothers.
- More than 80% of brain development occurs before age 3.
- More than 1 in 3 women in LA County (31.4%) reported experiencing depression while pregnant or after birth.
- The importance of exclusive breastfeeding in the first 6 months of a baby’s life is widely recognized for the health of both the mom and baby.
- In 2013, 9.1% of babies born in LA County were preterm. The societal economic burden associated with preterm birth in the US is at least $51,600 per infant.

**SOLUTIONS & SAMPLE RESULTS**

- **REDUCE Child Abuse**
  Early Head Start (EHS) has been shown to reduce child welfare encounters between five to nine years of age, subsequent encounters, and substantiated reports of physical or sexual abuse.

- **REDUCE Intimate Partner Violence**
  Mothers enrolled in Nurse-Family Partnership (NFP) reported experiencing significantly less domestic violence at age four of their child.

- **IMPROVE Infant & Child Health**
  Healthy Families America reduced pregnant women’s likelihood of delivering a low birth-weight baby by almost half.

- **IMPROVE Child Development & School Readiness**
  Children enrolled in the Parents as Teachers (PAT) Program were shown to score higher on reading, math, and language in elementary grades, and required half the rate of remedial and special education in third grade.

- **IMPROVE Maternal Mental Health**
  Participation in the LA County Partnerships for Families (PFF) program had a significant impact on reducing parental depression, mood swings, and aggression/anger, especially for prenatally enrolled moms.

- **IMPROVE Breastfeeding Rates**
  Moms in the Welcome Baby program were almost 1.4 times more likely to breastfeed their babies exclusively during the first four months after birth.

- **SAVE Money**
  Analyses of various evidence-based home visiting programs have estimated benefit-cost ratios ranging from $1.26 to $5.70 per dollar invested.
WHY IS IT VALUABLE?
Research shows home visiting can prevent maltreatment, ensure healthy childhood development, improve mental health, increase family self-sufficiency, decrease criminal involvement, decrease need for special education, and save government dollars.

CURRENT ACCESS IN L.A. FALLS SHORT OF THE NEED AMONG KEY POPULATIONS:

- **Home-based** support begins early, impacts a lifetime.

The Los Angeles County Perinatal and Early Childhood Home Visitation Consortium is a network of more than 50 perinatal and early childhood home visitation programs, maternal and child health organizations, advocacy groups, and stakeholders.

The Consortium supports LA County’s home visitation programs collaboratively by:

- Sharing training and educational resources
- Promoting best practices
- Supporting enhanced referral systems between programs
- Conducting research and collecting data on home visiting outcomes
- Advocating for systems and policies that recognize the tremendous value of home visitation services

Data on At-risk Populations in LA County:

- Preterm Births: 2013 CHHS Birth Records
- IPV while Pregnant: 2014 LAMB Survey by Department of Public Health
- Depressed while Pregnant: 2014 LAMB Survey by Department of Public Health
- 1st Time Moms: 2014 Vital Stats
- 0-5 Reported to Child Welfare: Department of Children and Family Services
- Children 0-3 in Poverty: 2014 CHIS

**To learn more about the Consortium or home visiting in Los Angeles County, connect with us at [www.homevisitingla.org](http://www.homevisitingla.org)**