

Improving & Family Child Well-being

HOME VISITING IN LOS ANGELES COUNTY

Saving Taxpayer Money

WHAT IS HOME VISITING?

Home visiting is voluntary, in-home family support offered by trained professionals, including parent coaching and access to resources.

DEMONSTRATED NEED IN L.A. COUNTY

The number of LA County children reported to Child Protective Services before age 5 could almost fill Dodger Stadium to capacity.



REDUCE
Child Abuse

2.1% of women in LA County experience physical or sexual violence during pregnancy; 12.6% experience emotional or verbal abuse.ⁱⁱ



REDUCE
Intimate
Partner
Violence

In 2013, 7% of infants in LA County, or 9,058 births, were born at low birth weight; the highest percent occurred among African American / black mothers and American Indian / Alaska Native mothers.^{iv}



IMPROVE
Infant &
Child Health

More than 80% of brain development occurs before age 3.



IMPROVE
Child Development
& School Readiness

More than 1 in 3 women in LA County (31.4%) reported experiencing depression while pregnant or after birth.^{vii}



IMPROVE
Maternal
Mental Health

The importance of exclusive breastfeeding in the first 6 months of a baby's life is widely recognized for the health of both the mom and baby.



IMPROVE
Breastfeeding
Rates

In 2013, 9.1% of babies born in LA County were preterm. The societal economic burden associated with preterm birth in the US is at least \$51,600 per infant.^x



SAVE
Money

SOLUTIONS & SAMPLE RESULTS

Early Head Start (EHS) has been shown to reduce child welfare encounters between five to nine years of age, subsequent encounters, and substantiated reports of physical or sexual abuse.ⁱ

Mothers enrolled in Nurse-Family Partnership (NFP) reported experiencing significantly less domestic violence at age four of their child.ⁱⁱⁱ

Healthy Families America reduced pregnant women's likelihood of delivering a low birth-weight baby by almost half.^v

Children enrolled in the Parents as Teachers (PAT) Program were shown to score higher on reading, math, and language in elementary grades, and required half the rate of remedial and special education in third grade.^{vi}

Participation in the LA County Partnerships for Families (PFF) program had a significant impact on reducing parental depression, mood swings, and aggression/anger, especially for prenatally enrolled moms.^{viii}

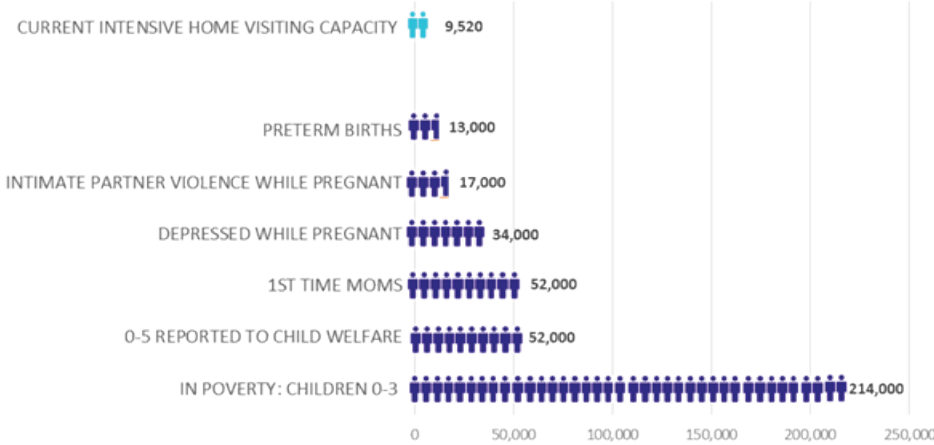
Moms in the Welcome Baby program were almost 1.4 times more likely to breastfeed their babies exclusively during the first four months after birth.^{ix}

Analyses of various evidence-based home visiting programs have estimated benefit-cost ratios ranging from \$1.26 to \$5.70 per dollar invested.^{xi}

WHY IS IT VALUABLE?

Research shows home visiting can prevent maltreatment, ensure healthy childhood development, improve mental health, increase family self-sufficiency, decrease criminal involvement, decrease need for special education, and save government dollars.

CURRENT ACCESS IN L.A. FALLS SHORT OF THE NEED AMONG KEY POPULATIONS:



The Los Angeles County Perinatal and Early Childhood Home Visitation Consortium

is a network of more than 50 perinatal and early childhood home visitation programs, maternal and child health organizations, advocacy groups, and stakeholders.

The Consortium supports LA County’s home visitation programs collaboratively by:

- Sharing training and educational resources
- Promoting best practices
- Supporting enhanced referral systems between programs
- Conducting research and collecting data on home visiting outcomes
- Advocating for systems and policies that recognize the tremendous value of home visitation services

ⁱ Green, B. L., et al. "The Effect of Early Head Start on Child Welfare System Involvement: A First Look at Longitudinal Child Maltreatment Outcomes." *Children and Youth Services Review*, 42 (2014): 127-135.

ⁱⁱ LACDPH, "Health Indicators for Women in LA County: Highlighting Disparities by Ethnicity and Poverty Level." January 2017.

ⁱⁱⁱ Olds, D.L., et al. "Effects of home visits by paraprofessionals and by nurses: age 4 follow-up results of a randomized trial." *Pediatrics* 114(6) 2004: 1560-8.

^{iv} kidsdata.org (Lucille Packard Foundation for Children’s Health)

^v E. Lee, et al, "Reducing Low Birth Weight Through Home Visitation: A Randomized Controlled Trial," *American Journal of Preventative Medicine* 36 (2009): 154-160.

^{vi} Drazen, S., and Haust, M. "The Effects of the Parents and Children Together Program on School Achievement." Binghamton, NY: Community Resource Center. (1995)." AND "Pfannensteil, J., Seitz, V., & Zigler, E. (2002). "Promoting School Readiness: The Role of the Parents as Teachers Program." *NHSA Dialog: A Research to Practice Journal for the Early Intervention Field*, 6(6), 71-86. (2002).

^{vii} LACDPH, "Health Indicators for Women in LA County: Highlighting Disparities by Ethnicity and Poverty Level." January 2017.

^{viii} Reuter, K. E., Melchior, L. A., & Brink, A. M. "An Intensive Mental Health Home Visiting Model for Two At-Risk Early Childhood Populations." *Children and Youth Services Review*, 61 (2016): 22-30.

^{ix} "Best Start LA Pilot Community Evaluation. Annual Outcomes Report, Year 3." The Urban Institute and University of California, Los Angeles. July 2012. http://www.first5la.org/files/07502_AnnualOutcomesReport_Final_09182012.pdf

^x 1. LACDPH, "Health Indicators for Women in LA County: Highlighting Disparities by Ethnicity and Poverty Level." January 2017. 2. "Preterm Birth: Causes, Consequences, and Prevention." Institute of Medicine (US) Committee on Understanding Premature Birth and Assuring Healthy Outcomes; Behrman RE, Butler AS, editors. Washington (DC): National Academies Press (US); 2007.

^{xi} Karoly, Lynn A., M. Rebecca Kilburn and Jill Cannon. "Early Childhood Interventions: Proven Results, Future Promise." Santa Monica, CA: RAND Corporation, 2005. <https://www.rand.org/pubs/monographs/MG341.html>.

Data on At-risk Populations in LA County:

- Preterm Births: 2013 CHHS Birth Records
- IPV while Pregnant: 2014 LAMB Survey by Department of Public Health
- Depressed while Pregnant: 2014 LAMB Survey by Department of Public Health
- 1st Time Moms: 2014 Vital Stats
- 0-5 Reported to Child Welfare: Department of Children and Family Services
- Children 0-3 in Poverty: 2014 CHIS

To learn more about the Consortium or home visiting in Los Angeles County, connect with us at www.homevisitingla.org

Home-based support : Begin early, impact a LIFETIME.

